Tony Porter's "Man Box"

Don't cry or openly express emotions with the exception of anger

Do not show weakness or fear

Demonstration powercontrol especially over women

Aggression-Dominance

Protector

Do not be like "a woman"

Heterosexual

Do not be "like a gay man"

Tough-Athletic-Strength-Courage

Makes Decisions-Does not need help

Views women as property/objects

Who is Tony Porter?



Tony Porter is the visionary and co-founder behind the nonprofit A Call to Men: The National Association of Men and Women Committed to Ending Violence Against Women. Porter's message of engagement and self-examination has connected powerfully with numerous domestic and sexual violence programs for such high-profile groups as the National Football League and the National Basketball Association, and colleges and universities around the country, including the US Military Academy at West Point and the US Naval Academy at Annapolis. Porter is also an international lecturer for the U.S. State Department, having done extensive work in the Democratic Republic of the Congo.

He is a faculty member of the New York State Office of Alcohol and Substance Abuse Services Academy of Addiction Studies, where he co-authored their curriculum for clinicians who work with chemically dependent African-Americans. He also specializes in developing social justice models for human service organizations.

Hear Tony Porter's 's Seminar at www.ted.com (a brilliant website for engaging topics)